



Celebrate National Employee Health & Fitness Month with a walk, bag lunch, exhibits, prizes, and more!

**Wednesday, May 15th, 2019
11:00—2:00 pm
RiverWalk Amphitheater!**

FREE EVENT!

- WALK/RUN ● Bag Lunch ● Prizes ●
- Exhibitors/Vendors ● Demonstrations ●

Start your walk/run anytime between 11:00 and 1:30 pm at the RiverWalk AMPHITHEATER! and continue to the RIVER WALK !

Rain or Shine

**Register by May 8, 2019 at
WWW.peninsula.org/walk@lunch
For more info, call the Wicomico Health Department
at 410-334-3380**

Thank you to the planning committee:

*Avery Hall Insurance Agency, City of Salisbury, Peninsula Regional Medical Center,
Wicomico County Public Schools, Wicomico County Health Department
Wicomico County Parks and Recreation, PAC 14, and YMCA*

***** DO NOT COMPLETE IF YOU REGISTERED ONLINE *****

FAX registration to: 410-548-5184 or
MAIL registration to: Prevention & Health Communications
Wicomico Co. Health Dept., 108 E. Main St., Salisbury, MD 21801

Printed Name _____ Organization _____

Daytime Phone: _____ E-mail _____

By my signature below, I release the Wicomico County Local Health Improvement Coalition, including all sponsors, council agencies, and representatives, from all claims and liabilities of any kind arising out of my participation in this event. I assume all risks associated with walking in this event, including high heat, humidity, and the conditions of the walking areas.

Signature _____ Date _____